

Starting March 13, 2017 Schedule

Closed Feb 13-Mar 10, 2017

*Full details to be posted soon....Victoria's 1st Pole & Fitness Challenge (May 5 & 6, 2017)

	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
6:30p	Advanced Pole	TBA Pole	Pole Fit*	<i>Competition Conditioning*</i>			
7:15p	Beginner Pole	Yoga & Stretch*	<i>Competition Routines*</i>				
8p	<i>Private Class</i>	Intermediate Beginner Pole	<i>Private Class</i>				

(*) CLASSES are Punch Pass user friendly / Competition Classes are only for registered competitors of the Pole & Fitness Challenge.

Studio Prices

Registered Pole Classes	(\$85pp/4 classes)
Mini Drop-in Punch Pass	(\$45pp/4 classes)
Full Drop-in Punch Pass	(\$70/7 classes)
Drop-in	(\$15-25pp/per class)
Private Class or Personal Training	(\$80-45per session)
Guest Instructors/Workshops	TBA

Terms & Conditions (Subject to change without notice)

~Pre-registration is strongly recommended as space is limited and space/class is not guaranteed.

~Min # of participants required to run a class. Classes may also be cancelled or rescheduled due to registration numbers. (Additional classes might be added to accommodate overflow.)

~Must be 18yrs & older (for adult focused classes)

~Payments: Cash or Paypal VISA avail online.

*All rates are subject to expiry dates, are not valid for make-up classes or Stat Holiday make up classes, all purchases are 100% non-refundable , punch cards are not valid for registered technique pole classes, not combinable with other promotions, must be over 18yrs of age